

ALFRED'S

AT THE ROCK HOTEL, GIBRALTAR



AA ROSETTE AWARD
FOR CULINARY EXCELLENCE

ALFRED'S



The Rock Hotel's main restaurant was renamed in 2023 in honour of Alfred Rodriguez's 50th work anniversary at the hotel.

Born and raised in Gibraltar, Alfred began his career at The Rock Hotel when he was just 15 years old. Soon after he won a scholarship to the Lancaster & Morecambe College of Art and Technology, where he honed his skills in British cuisine. Over the years, his relentless pursuit of excellence led him to intern at some of the world's most prestigious hotels, including the Le Royal Mansour Hotel in Casablanca, El Minzah Hotel in Tangier, and Hotel Alfonso XIII in Sevilla. A significant milestone in his career was his internship with the Roux family at their world-famous Le Gavroche in London.

In recognition of his talent and dedication, Alfred became the Executive Chef at The Rock Hotel at the age of 22. Since then, his work has delighted royalty including His Majesty King Charles and Princess Dianna during their honeymoon in Gibraltar. He has also served countless celebrities such as Sean Connery, Roger Moore, Henry Cavill, and Mark Hamill to name a few. At one point, Alfred and his team even supported the hotel's sister company GB Airways preparing all meals for outbound flights from Gibraltar, which amounted to over 120,000 meals annually. Regardless of the number of guests or their status, one thing has remained constant; every plate coming out of Alfred's kitchen had to delight his guests.

Today, Alfred has carefully crafted this menu to capture the Mediterranean heritage of The Rock Hotel. From the aromatic spices of Morocco to the vibrant flavours of Andalucía, every bite tells a story. This menu is not just a collection of dishes; it is a culinary voyage through Alfred's illustrious career, showcasing his dedication to excellence.



Allergen Key: (V) Vegetarian, (VG) Vegan | (GF) Gluten-Free | (N) Contains Nuts | (S) Contains Shellfish

Allergy Statement: Please inform your server of any food allergies or dietary requirements before ordering. While we take every precaution to prevent cross-contamination, our kitchen handles nuts, shellfish, and gluten, and we cannot guarantee any dish is 100% allergen-free.



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LUNCH MENU

Served 12:30pm-3:00pm



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S T A R T E R S

Langoustine and Lobster Bisque - £14

served with a chilli rouille (S)

Signature Handcrafted Ravioli - £15

wild mushrooms, truffle and thyme velouté, cheddar tuile (V)

Heritage Tomato & Payoyo Curado Salad - £14

Manzanilla Olives, Toasted Pistachios, and Bush Basil Pesto (V) (N)

Seared Scallops - £24

flat parsley, creamed potatoes, raisin and caper beurre blanc (S, GF)

Caesar Salad - £13

grilled chicken, Grana Padano shavings, anchovy dressing

Foie Gras and Chicken Liver Parfait - £15

warm brioche, apricot & shallot relish

M A I N S

Slow-Cooked Sea Bream - £26

local sea bream, carabineros, dill butter (S, GF)

Grilled Sea Bass - £27

basil ratatouille, tomato vinaigrette (GF)

Carrot and Sweet Potato Zubric - £20

roast piquillo peppers, deep fried leeks (V, VG, GF)

Borlotti Bean and Chestnut Roast - £20

creaméd cauliflower, caramelised shallots (V, N, GF)

Pan Roasted Chicken Breast - £23

corn-fed chicken, shiitake mushrooms, crispy pancetta, pan gravy (GF)

Braised Lamb Shank - £24

grass-fed lamb, reduction of tawny port and shallots (GF)

Saffron King Prawns - £21

Garlic and ginger cream (S, GF)

S I D E S

Broccolini with lime hollandaise - £6

Truffled mashed potatoes - £6

Sautéed buttery mushrooms - £6

Wild rice - £6

Pommes frites - £5

Buttered baby spinach - £6

Seasonal salad with house dressing - £6



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DESSERTS

Warm Bramly Apple Pie - £8.50

spiced with cinnamon & served with sauce anglaise (V)

Classic Crème Brûlée - £8.50

with essence of Madagascar vanilla (V, GF)

Strawberry and Mascarpone Pavlova - £9.50

chocolate and pistachio stick (V, N)

Chocolate Parfait - £8.50

served with raspberry coulis (V)



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WHITE WINE

Bordon, Rioja, D.O. Rioja, Spain - £5/glass, £19

Marqués de Griñón, Verdejo, D.O. Rueda, Spain - £27

Campagnola, D.O.C Pinot Grigio, Delle Venezie, Italy - £6/glass £23

Mud House, Sauvignon Blanc, Marlborough, New Zealand- £6/glass, £24

Pago Mota, Chardonnay, VT Castilla, Spain - £25

Lusco, Albariño, D.O. Rías Baixas, Spain- £35

Viñas Del Vero, Gewürztraminer, Spain - £25

Domaine Des Quatre Saisons, Chablis, Burgundy France - £46

RED WINE

Rioja Bordon Crianza, D.O.C. Rioja, Spain - £5.50/glass, £20

Marqués de Griñón Reserva, Petit Verdot, Syrah, Cabernet Sauvignon, Spain - £27

Villa Migliarina, Chianti Superiore, Italy - £7.50/glass, £27

Finca Moncloa, Cabernet Sauvignon, Syrah & Merlot, V.T. Cadiz, Spain - £38

Protos 9 Meses, D.O. Ribera Del Duero, Spain - £34

Marqués De Murrieta Reserva, D.O.C Rioja, Spain - £60

Finca Flichman Estate, Malbec, Mendoza, Argentina - £6.50/glass, £25

Arzuaga Crianza, D.O. Ribera Del Duero, Spain - £54



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ROSE WINE

Bordon Rose, D.O.C. Rioja, Spain - £5/glass, £19

Arzuaga Rosé, DO Ribera del Duero, Spain - £32

Protos Clarete, DO Cigales, Spain - £24

CHAMPAGNE

Mandois Brut Origine - £14/glass, £65

Moet & Chandon Brut Imperial - £98

Moet & Chandon Rosé Imperial - £108

Veuve Clicquot Yellow Label Brut - £115

Dom Perignon Vintage Brut - £260

SPARKLING WINE

Cava Brut, Torre Oria, Spain - £22

Duchessa Lia Moscato d'Asti, Piedmont, Italy - £6.50/glass, £24

Riondo Prosecco, Brut, Italy - £7/glass, £29

**Selection of Kosher and non-alcoholic wines
available on request.**



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